

POLICY TITLE: 24 HOUR URINE SPECIMEN COLLECTION	
DEPARTMENT: CLINICAL LABORATORY	
AREA: SPECIMEN COLLECTION	ORIGINATION DATE: 1/1991
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	PROCEDURE NUMBER: COLL 5.6.05

24 HOUR URINE SPECIMEN COLLECTION

Ideally collections should be started at 06:00 but can be started at any time. It is important to collect for a full 24 hour period and that the patient is instructed properly.

For Inpatient orders:

Nursing services handles the collection of 24 hour urine specimens for inpatients following the appropriate nursing services policy.

At the end of the collection period nursing services will deliver the specimen and all of the requisitions to the laboratory. All requisitions must be clocked in upon arrival in the lab. Laboratory staff will receive specimens and distribute them to the appropriate departments.

For Outpatient orders:

- 1. When an outpatient presents to the lab with orders for a 24 hour urine collection the orders are evaluated for the need to add acid before collection. If an order requires the addition of acid before collection the patient will be given the preservative safety instructions, attachment C, and sign the release form, attachment D. All Patients will receive a copy of the patient instructions for collection, attachment A.
- 2. When specimens are delivered to the lab, all information must be verified by checking for proper labeling and other documentation such as collections times, etc. before the patient leaves the lab.

Forms with cautions for handling, instructions, patient safety, and consent are listed below.

Forms: OFF.FRM.00006.0001 OFF.FRM.00007.0001 OFF.FRM.00008.0001